

Image by
Darryl
Torckler



Experiencing Marine Reserves

Motu Manawa Kayak Day 13th November 2022

Come join us and kayak through the mangrove forests of Motu Manawa marine reserve and up into Te Auaunga Creek. Hear about the importance of marine protection from Experiencing Marine Reserves, observe nature and local wildlife with Friends of Oakley Creek, learn about freshwater monitoring with Whitebait Connection and audit beach and wetland litter with Para Kore Ki Tāmaki.

This event is a taster into kayaking - expect to spend ~50mins on the water. Fun for the whole whānau. Please only register if you can commit to the full 3hr timeslot.

Sea conditions permitting - we will run with light rain. Koha/donations are appreciated - there will be facilities for cash and eftpos on site.

Children younger than 8 will not be able to participate. Children aged 8-12 need to have a confident adult in the back of their kayak. Children under 13 need an adult companion.

Registrations are essential.

This event is in partnership with Auckland Sea Kayaks, Whitebait Connection, Friends of Oakley Creek Te Auaunga and Para Kore Ki Tāmaki and is funded by Albert/Eden Local Board, Tu Manawa Active Aotearoa and the Bobby Stafford-Bush Foundation,

Early access codes for locals can be found by emailing sophie@emr.org.nz
Otherwise all remaining tickets will go live on Tuesday 8th November

Information:

Location: Eric Armishaw Reserve, Pt Chevalier, Auckland

Date/time: Sunday 13th November 2022

- Group A: 09.15am to 12.15pm
- Group B: 09.15am to 12.15pm
- Group C: 10.45am to 1.45pm

Please arrive at least 15 mins prior and check in at the tent.

If you are running late please call Sophie on 0210645125

Parking: In the car park of the reserve.

Numbers limited to 96 – 32 for each rotation.

If you are feeling unwell, are a household contact or have COVID please let us know prior as soon as possible.

Event Map:



Red= Tent location, check in here. Blue = Parking, Yellow= Toilets, Green= Kayaking route (approx.).

Participant cancellation:

Cancellations or no shows less than 24 hours from your start time will incur a \$20pp fee which will be invoiced to you. Please note that late cancellations or 'no shows' may affect your future participation at events such as these. Hopeful participants will miss out on participating if inadequate notice is given. Exclusion for those with COVID.

Individual gear list:

- Bring footwear for kayaking (boat shoes, sandshoes or booties) – you will get muddy feet – so bring something you don't mind getting dirty
- A spare change of clothes in case you get wet. Your bottom may get damp.
- A hat and sunglasses recommended a leash for prescription glasses or expensive sunglasses/ cameras recommended.
- Wear shorts or long pants (no jeans).
- Windbreaker/raincoat – the event will run rain or shine
- Apply sunblock before the event.

Event Terms:

Images will be taken during the event to add to our Facebook Page and will be shared with all participants. Please let the organisers know when you arrive if you do not wish for images to be taken of yourself or your whānau.

Activity recommended for 8 years and up. Children under the age of 13 must be accompanied by an adult participant to ensure adequate ratio. Advanced safety procedures will be in place on the day.

Kayak Day lead organiser: Sophie Journée

Email: sophie@emr.org.nz

Cell: 0210645125

COVID-19 Information

Advice from Worksafe regarding attending events and gatherings

The following people should avoid attending events of any size:

- anyone who is unwell
- anyone who is a confirmed or probable case of COVID-19
- anyone waiting for a test result for COVID-19
- anyone who is self-isolating. [Read more about self-isolation.](#)

How to minimise the risk of getting sick at a gathering or event of any size

The most important thing to do is practice good hygiene. This means:

- Keeping 2 metres away from people you don't know
- Covering coughs and sneezes with disposable tissues or coughing/sneezing into your elbow
- Disposing of used tissues appropriately in a bin
- Washing hands for at least 20 seconds with soap and water and drying them thoroughly, or using hand sanitiser:
 - before eating or handling food
 - after using the toilet
 - after coughing, sneezing, blowing your nose or wiping children's noses
 - after touching public surfaces

Risk Disclosure from Auckland Sea Kayaks

Sea kayaking has inherent risks and can be dangerous. Detailed risk management and strict safety procedures are observed; however there still remains an element of risk.

Auckland Sea Kayaks cannot absolutely guarantee participants' safety. Auckland Sea Kayaks accepts its legal responsibilities but cannot be held responsible for personal injury or for loss, theft or damage of/to your equipment outside legal responsibilities. Participants will be required to sign a liability form to this effect before starting a tour.

Changing conditions can mean that tours have to be modified. No two tours are the same. It is very rare but weather could delay your scheduled return by up to 24 hours, e.g. weather conditions preventing kayaking.

Clients on guided tours must listen carefully to and follow guides' instructions and adhere to safety requirements. Our reputation depends on your safety – we give it top priority and take it seriously. A comprehensive paddling and safety briefing is given before all tours depart. The guided trips also feature friendly on the water paddling instruction, safety management and natural history interpretation. We aim to teach you new skills and to help you have a great time out there, It's an awesome place and we do our best to ensure our approach to safety reflects our respect for it.

Any concerns should be discussed when you enquire about or before you book a tour. If you want help on which trip is appropriate for you, please contact us.

Restrictions

Although we try and be as inclusive as possible it is important to remember safety is our number one priority. The guide must be able to lift/ assist a client back into a kayak if in the unlikely event that they capsize.

There is a weight limit of 120kg – more information can be found:

<https://www.aucklandseakayaks.co.nz/kayak-restrictions/>

Clients must be made aware that they are required to in a kayak and paddle for up to 60 minutes without the possibility of getting out / stretching or take long breaks.

Our tours are in English and clients must be able to speak and understand English.