



Okura Paddle 2021-22

Explore one of the hidden gems of the Hauraki Gulf. You never know what you might spot! Stand up paddleboard through mangrove forests. This event is a taster into stand up paddle boarding - expect to spend ~45mins on the water – dependent on weather conditions. Fun for the whole whanau – minimum age of 12. **Vaccination certificates are required to participate.** Registrations are essential. Only 30 spots available. Sea conditions permitting.

Please read the information below fully before registering for the spots.

This event is funded by The Hibiscus and Bays Local Board and The Bobby Stafford-Bush Foundation.

Information:

Location: Deborah Reserve, ~43 Okura River Rd, Okura

Date: Saturday 11th December 2021

Time:

Slot 1: 11:45am-1:15pm

Slot 2: 1:15pm-2:45pm

Slot 3: 2:45pm-4:15pm

Please arrive at least 20mins before.

Parking: On the road – please be courteous of residents driveways.

Bathroom: Please use the bathroom at the hall on the way down to the reserve – there are none on site.

Numbers limited to 30 on the stand up paddle boards.

Individual gear list:

- Bring footwear for stand-up paddleboarding (boat shoes, sandshoes or booties).
- Togs to wear while paddleboarding and a spare change of clothes in case you get wet/muddy.
- A hat and sunglasses recommended a leash for prescription glasses or expensive sunglasses recommended.
- Wear shorts or lightweight long pants (no jeans).
- Apply sunblock before the event.

Event Terms:

Lifejackets provided.

Activity available for participants 12 years and up. Children under the age of 13 must be accompanied by an adult participant to ensure adequate ratio. Advanced safety procedures will be in place on the day.

You will be emailed 4 days prior to the event – you will need to respond to that email with “Attending” to confirm your spots on the event.

Postponement (weather):

You will get a warning email 2 days prior if weather forecast not looking favourable for the site. Final call will be made on the morning of the event by 8am. Postponements will be sent via email (so you will need to make sure you can access your emails that morning) and will also be posted on our Website. If no email contact or website/Facebook notice received, expect that event is going ahead as planned.

Participant cancellation:

We require an email or phone call no later than 48 hours prior to the event.

Please note that late cancelations or 'no shows' will result in an invoice of \$25pp being issued as hopeful participants will miss out on participating if inadequate notice is given.

Paddle lead organiser: Lorna Doogan

Email: lorna@emr.org.nz

Cell: 02102732339

COVID-19 Information for delivery in Red Alert Level

Please note the following information. If you have any concerns – please contact us.

EMR has always strived to be as inclusive as possible with all our events, however we are in unprecedented times, which means the safety of our crew, volunteers and participants is paramount. With this in mind, vaccination certificates for all those ages 12 and over will be required for all public events in the COVID Traffic Light framework for the summer of 2021/22. All participants will need to use face coverings and distance where practical. Please bring the QR code for [My Vaccine Pass](#) on your phone or printed to be scanned & verified on the event. You may need to bring photo ID. Some events may require your vaccination status to be verified prior to registration.

- Your registration information will be held for contact tracing.
- You will be required to provide proof of vaccination through the My Vaccine Pass QR code
- You will be required to use the QR code to sign in, there will be space for bags/valuables to be stored in the tent while you are on the water.
- All shared equipment (paddles/life jackets/ SUP surface) will be sanitised by Auckland Sea Kayaks/Mission Bay Watersports between uses.
- There will be hand sanitiser at the main desk for participants and crew to use.
- Groups of 10 will be masked & distanced during briefings and won't be rafted (held together) within 2m distance of strangers out on the water.

Advice from Worksafe regarding attending events and gatherings

The following people should avoid attending events of any size:

- anyone who is unwell
- anyone who is a confirmed or probable case of COVID-19
- anyone waiting for a test result for COVID-19
- anyone who is self-isolating. [Read more about self-isolation.](#)

How to minimise the risk of getting sick at a gathering or event of any size

The most important thing to do is practice good hygiene. This means:

- Keeping 2 metres away from people you don't know
- Covering coughs and sneezes with disposable tissues or coughing/sneezing into your elbow
- Disposing of used tissues appropriately in a bin
- Washing hands for at least 20 seconds with soap and water and drying them thoroughly, or using hand sanitiser:
 - before eating or handling food
 - after using the toilet
 - after coughing, sneezing, blowing your nose or wiping children's noses

- after touching public surfaces

Risk Disclosure from Auckland Sea Kayaks/Mission Bay Watersports

Sea kayaking has inherent risks and can be dangerous. Detailed risk management and strict safety procedures are observed; however there still remains an element of risk. Auckland Sea Kayaks cannot absolutely guarantee participants' safety. Auckland Sea Kayaks accepts its legal responsibilities but cannot be held responsible for personal injury or for loss, theft or damage of/to your equipment outside legal responsibilities. Participants will be required to sign a liability form to this effect before starting a tour.

Changing conditions can mean that tours have to be modified. No two tours are the same. It is very rare but weather could delay your scheduled return by up to 24 hours, e.g. weather conditions preventing kayaking/paddleboarding.

Clients on guided tours must listen carefully to and follow guides' instructions and adhere to safety requirements. Our reputation depends on your safety – we give it top priority and take it seriously. A comprehensive paddling and safety briefing is given before all tours depart. The guided trips also feature friendly on the water paddling instruction, safety management and natural history interpretation. We aim to teach you new skills and to help you have a great time out there, It's an awesome place and we do our best to ensure our approach to safety reflects our respect for it.

Any concerns should be discussed when you enquire about or before you book a tour. If you want help on which trip is appropriate for you, please contact us.

Restrictions

Although we try and be as inclusive as possible it is important to remember safety is our number one priority. The guide must be able to lift/ assist a client back into a kayak if in the unlikely event that they capsize.

Clients must be made aware that they are required to be able to balance on knees or feet and paddle for up to 60 minutes without the possibility of getting out / stretching or take long breaks.

Our tours are in English and clients must be able to speak and understand English.

